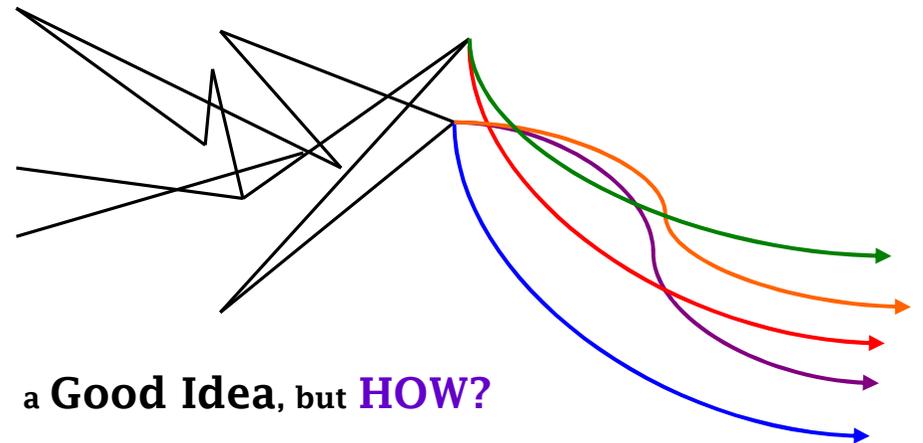


✓ Yes, I'm interested



## In the direction of nonviolence...

Moving from a culture addicted to war and violence to a culture where our first choice is **peace and nonviolence?**



a **Good Idea**, but **HOW?**

Learn more about

- ✓ People who've tried nonviolence with positive results
- ✓ Skills and processes for challenging violence

*'Let us then pursue what makes for peace and builds each other up' (Romans 14:19)*

## Pax Christi can help

Name:	
Address:	
Postcode:	
Phone:	Email:
I would be interested in a session on:	
Topic:	
Date:	
Group:	
Event:	



Return to:  
Pax Christi, St Joseph's, Watford Way,  
London NW4 4TY  
T: 020 8203 4884 E: [info@paxchristi.org.uk](mailto:info@paxchristi.org.uk)

# Pax Christi can offer

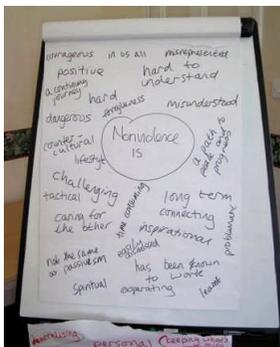
a variety of themed sessions which can stand alone or be put together as a mini-course.

## ✓ People and models of change

- ◆ Franz Jägerstätter - a different kind of hero
- ◆ The Larzac farmers of southern France
- ◆ Conscientious Objection - a model of peacemaking
- ◆ Accompaniment - a model of peacemaking
- ◆ Empowerment - a model of peacemaking
- ◆ Nonviolent resistance and civil disobedience - a model of peacemaking
- ◆ Women peacemakers - a model of peacemaking



Using stories, questions, films, to inspire and encourage us in peacemaking. Time needed: at least 2 hours for one session



## ✓ Processes and skills for change

- ◆ Breaking the cycle: skills and approaches for challenging violence
- ◆ Jesus and the spirituality and practice of nonviolence
- ◆ Violence and aggression in the workplace
- ◆ Exploring the ingredients of a nonviolent campaign

Using activities and reflection based on participants' experience to build awareness of nonviolent responses to conflict. Time needed: a half-day or full-day 'taster' workshop.

Pax Christi promotes **'From Violence to Wholeness'** - a 10-part programme in the spirituality and practice of nonviolence— which can be developed in a series of more substantial sessions.

*'One can never be sure that one is completely on the side of nonviolence or that the other person is completely on the side of violence. Nonviolence is a direction, not a separating line.'*  
Thich Nhat Hanh

## Tried and tested

These sessions have been developed and used with a variety of organisations including: St Ethelburga's Centre for Peace and Reconciliation, Education for Parish Service, Conference of Religious, Diocesan Justice and Peace workers, National Conference of RC Prison Chaplains, Sisters of Our Lady of Charity

*Could one of these sessions be part of your annual conference? day of reflection? staff training? justice and peace gathering? If so, get in touch with Pax Christi and let's plan it together.*

## What we ask

That travel expenses of facilitators are covered, and if possible a donation for Pax Christi

## What participants have said

"I see it of great value— especially in the interfaith and cultural field. The dynamics if well handled are non-threatening."

"It gives me a framework for peace promotion. I have always wanted to do this in parishes—use nuggets of it for parish life."



"I hope to use parts / more expanded versions of this in future as a way of extending Justice, Peace and Integrity of Creation in the diocese."

"Excellent insightful and well prepared presentation, allowing full involvement of participants."