

The Young Christian Workers (YCW) have been at the forefront of justice and peace education for many years. Their method, See, Judge, Act, has equipped countless young people to make sense of their faith in the world.

**The SEE is a chance for young people to look at their reality; discussing experiences in an environment where they are listened to and they listen to others.**

You will need printed copies of the See, Judge, Act statement: [www.paxchristi.org.uk/elements](http://www.paxchristi.org.uk/elements)

See

In small groups, have the statement read aloud. What is your gut reaction? Is the statement right or wrong?

What concerns do you have as a young person? Think about your local neighbourhood, your work and study, your leisure time, and your family life.

**JUDGE encourages deeper thought and explores the teaching of Christ and the Church. It does not give answers but develops understanding.**

Judge

*'I have come that they may have life, and have it to the full.'* (John 10:10)

What does it mean to live life to the full? Do you think you live life to the full? Do you see your friends, colleagues and other young people living life to the full? What does Jesus mean by life to the full?

**The ACT is a decision making time when, reflecting on their discussions, young people commit to making a difference in their lives and the lives of others.**

Act

Thinking about what it means to live life to the full, how can you support someone you know to do just that?

The Young Christian Workers are at [www.ycwimpact.com](http://www.ycwimpact.com)

See, Judge, Act