



# PAX CHRISTI

*International Catholic Movement for Peace*



## Prayers for Peace

Blessed are you peacemakers who say no to war as a means to peace.

Blessed are you peacemakers who offer hope and healing.

Blessed are you peacemakers who care and comfort.

Blessed are you peacemakers who help find answers.

Blessed are you peacemakers who welcome, encourage, and inspire.

Blessed are you peacemakers who see the good in others.

Blessed are you peacemakers who never give up.

*Fr Paul Milanowski (adapted)*

O Risen Christ,  
You breathe your Holy Spirit on us  
and you tell us: 'Peace be yours'.  
Opening ourselves to your peace -  
letting it penetrate the harsh and  
rocky ground of our hearts -  
means preparing ourselves to be  
bearers of reconciliation  
wherever you may place us.  
But you know that at times  
we are at a loss.  
So come and lead us  
to wait in silence,  
to let a ray of hope shine forth  
in our world.

*Brother Roger, Taizé*

Make me an instrument of your  
peace  
Where there is hatred, let me  
sow love.  
Where there is injury, pardon.

Where there is doubt, faith.  
Where there is despair, hope.  
Where there is darkness, light.  
Where there is sadness, joy.

Give me a heart of poverty,  
able to love and open up and  
give myself to others.

Give me a heart of patience,  
able to love and live in hope.

Give me a heart of peacefulness,  
able to love and sow peace in the  
world.

Give me a heart of justice,  
able to love and measure myself by  
the standard of justice.

Give me a heart of mercifulness,  
able to love and understand and

forgive others.

Give me a heart of sensitivity,  
able to love and weep without  
being discouraged.

Give me a heart of purity,  
able to love and see God in everyone.

Give me a heart of strength,  
able to love and be faithful unto death.

Give me a heart touched by the Gospel,  
able to love.

*Overcoming Violence, World Council of Churches*

### Pax Christi Daily Prayer

Thank you loving God  
for the gift of life,  
for this wonderful world which  
we all share,  
for the joy of love and friendship,  
for the challenge of helping to build  
your kingdom.

Strengthen  
my determination to work for a world  
of peace and justice,  
my conviction that, whatever our  
nationality or race,  
we are all global citizens,  
one in Christ;  
my courage to challenge the  
powerful with the values of the Gospel,  
my commitment to find nonviolent  
ways of resolving conflict—personal, local,  
national and international,  
my efforts to forgive injuries and to love  
those I find it hard to love.

Teach me  
to share the gifts you have given me,  
to speak out for the victims of injustice  
who have no voice,  
to reject the violence which runs  
through much of our world today.  
Holy Spirit of God,  
renew my hope for a world free from the  
cruelty and evil of war, so that we may  
all come to share in God's peace and  
justice.

Help me to find my role in  
building a path to peace. Teach  
me to ask the question 'who is  
my sister, who is my brother?'  
with the same love and passion  
as Jesus. Give me the courage  
to speak up and act for my  
sisters and brothers whose lives  
are broken by violence.