

NonvioLent†

Making a commitment this Lent
'... to set aside every act of
violence in thought, word and deed,
whether against our neighbours or
against God's creation.'

Pope Francis, World Peace Day Message



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Addressing the violence in our lives and in the life of the world in a deeply human and nonviolent way means undertaking a journey...the script of violence is rewritten to allow us to embrace the sacredness of those against whom we struggle.

Ken Butigan, From Violence to Wholeness

Nonviolence looks for the way that will be most loving. It includes challenging and accepting conflict.

Carol Burns, Pax Christi member

During Lent, deepen your reflection on sustaining a commitment to nonviolence with our NonvioLent blog: paxchristi.org.uk/lent-blog and Fb group www.paxchristi.org.uk Tel 020 8203 4884



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