What do we need for security? How do we need to act? How do we best protect ourselves? How can we keep ourselves, our nation and our world safe?

What makes you feel safe and secure? Ask the young people to reflect on this in groups and come up with their top five needs for personal security.

Next invite the groups to imagine that they are the government charged with looking after national security. What would they spend the money on? What are their top three priorities?

They might think about education, armed forces, counter terrorism, job creation, police, welfare, employment, agriculture, environment, youth work, foreign relations, international aid, and so on.

Read the Beatitudes (Matthew 5:1-12)

What do these sayings tell us about how society should be organised? About how we should treat one another? How do they encourage us to live? What kind of security do we see there?

Think about what you prioritised in the activity above. Can you write a Beatitude which reflects your ideas? How easy was it to come up with a Beatitude that was both positive and fair?

Pax Christi promotes a human-centred approach to security, promoting equality and justice rather than investing in guns and warfare. You could write to your MP encouraging them to promote this.

Use Pax Christi’s Human Security resource to explore further www.paxchristi.org.uk/peace_ed1.php