

What does solidarity mean? These activities, developed with Bosco Volunteer Action, explore this question.

Think

Bring to mind a time when you were having difficulties (with your family, friends, school or any other situation) and you needed help to get through them.

Who helped you? How did they help you? How does it feel to have something done for you? How does it feel to have someone stand alongside you? How does it feel to have someone do something with you?

Reflect

Which is better, doing something **for** someone else or doing something **with** someone else?

What does the following quote mean?

'Solidarity is not a feeling of vague compassion or shallow distress at the misfortunes of so many people, both near and far. On the contrary, it is a firm and persevering determination to commit oneself to the common good; that is to say, to the good of all and of each individual, because we are all really responsible for all.' (Pope John Paul II)

Act

If possible send the group outside to collect some twigs or have some ready.

Ask someone to break one twig (easy).

Now bundle a few together. Can they break them now?

What does this demonstrate?

What examples of solidarity can we think of?

Do we all agree that these are examples of solidarity?

What does solidarity mean? Brainstorm your ideas.

How can we be in solidarity with those suffering from injustice?

For practical examples of standing in solidarity please refer to the other cards in this set.

Solidarity